

Jefferson County Alabama - Disability Resources

Cities without local disability services are marked accordingly. Countywide programs serve all residents regardless of city.

If you need assistance contacting any of the programs listed in this document, please reach out and we will support you in every way we can.

Email: Contact@the-corina-mae-foundation.org

We respond Monday–Friday between 8 AM and 8 PM. As a newly growing organization with only one volunteer at this time, please allow **48–72 hours** for a reply. If your situation is time-sensitive, include **URGENT** in the subject line so we can prioritize a quicker response.

We are not legal experts and cannot provide medical advice. If you are experiencing a medical emergency, please go to the nearest emergency room or call 911 immediately.

Countywide Disability Resources

These programs support disabled individuals anywhere in Jefferson County.

- **The Arc of Central Alabama** — Advocacy, residential services, employment support, and programs for individuals with developmental disabilities.
- **United Ability** — Therapy, early intervention, adult day programs, employment services, and assistive technology.
- **Alabama Department of Rehabilitation Services – Jefferson County** — Vocational rehab, independent living, assistive technology, and disability support services.
- **United Way of Central Alabama** — Referrals to disability-related programs, community support, and nonprofit services.
- **211 Alabama** — Countywide referral line for disability services, housing, food, and long-term support.
- **The Corina Mae Foundation** — Statewide disability-support organization providing help navigating services, contacting programs, advocating for disability rights, and promoting public awareness across Alabama.

Continue to next page for City Programs

Birmingham

Birmingham has the largest number of disability-specific programs in Jefferson County.

- **United Ability** — Comprehensive disability services including therapy, adult programs, employment, and assistive technology.
- **The Arc of Central Alabama (Birmingham Office)** — Advocacy, residential programs, employment support, and community services.
- **Alabama Institute for Deaf and Blind (AIDB – Birmingham Regional Center)** — Services for individuals with hearing or vision disabilities, including training and support.
- **Birmingham On-Demand / Paratransit Services** — Accessible transportation for disabled residents.
- **ADRS Birmingham Office** — Vocational rehabilitation, independent living, and assistive technology.

Hoover (Jefferson County portion)

Hoover spans Jefferson and Shelby counties; disability services are primarily accessed through Birmingham.

- **No disability programs** — Residents rely on Birmingham and countywide services.

Bessemer

Bessemer has limited local disability-specific programs.

- **The Arc of Central Alabama (serves Bessemer area)** — Advocacy and disability support services.
- **ADRS Bessemer Satellite Services** — Vocational rehabilitation and disability support.

Homewood

Homewood has community support but no standalone disability-specific organizations.

- **No disability programs** — Residents rely on Birmingham and countywide services.

Mountain Brook

Mountain Brook does not have local disability-specific programs.

- **No disability programs** — Residents rely on Birmingham and countywide services.

Vestavia Hills

Vestavia Hills has accessible community programs but no dedicated disability organizations.

- **No disability programs** — Residents rely on Birmingham and countywide services.

Trussville (Jefferson County portion)

Trussville spans Jefferson and St. Clair counties; disability services are accessed through Birmingham.

- **No disability programs** — Residents rely on Birmingham and countywide services.

Fairfield

Fairfield does not have local disability-specific programs.

- **No disability programs** — Residents rely on Birmingham and countywide services.

Hueytown

Hueytown has community support but no disability-specific organizations.

- **No disability programs** — Residents rely on Birmingham and countywide services.

Irondale

Irondale does not have local disability-specific programs.

- **No disability programs** — Residents rely on Birmingham and countywide services.

Leeds (Jefferson County portion)

Leeds spans Jefferson and St. Clair counties.

- **No disability programs** — Residents rely on Birmingham and countywide services.

Smaller Communities (Clay, Pinson, Pleasant Grove, Tarrant, Midfield, Brighton, Lipscomb, Brookside, Mulga, Maytown, Sylvan Springs, West Jefferson)

These areas do not have local disability-specific programs.

- **No disability programs** — All disability support comes from countywide agencies or Birmingham-based organizations.

END OF JEFFERSON COUNTY RESOURCES